

10-01-21 Rehearsal Notes

USE OF NAME TAGS IS MANDATORY

A name tag for every band member was put in their hanging file folder. Fold it in half to 8 ½ x 5 ½ and hang over your folder and stand behind the music, facing the director EVERY WEEK for both trimesters. The name must be visible. It will help the director learn/remember everyone's name and make it easier for the various and changing attendance takers. Keep your name tag in your music folder or book and display it at every rehearsal for the entire year. Do not decorate or make any marks on your name tag. If yours goes missing let the front table know or notify Mrs. Mergen who will print a new one.

Everyone needs to display their nametag at every single practice. If you don't have one displayed during practice, you will not be marked as being present.

ATTENTION CROSSROAD PERFORMERS

All CROSSROAD PERFORMERS should bring ALL your marching music in/WITH flip folders/lyres, to band the next 2 weeks, in preparation for our 1st performance. We'll do combined FOOTBALL song practices between bands 10 min.

This list of Crossroads songs is incomplete. Mrs. Borow is waiting to hear how much performance time there will be at half-time, which will help her determine the complete list of songs.

Star Spangled Banner

God Bless America

And Dance

Rawhide

Stayin' Alive, possibly playing measures 9-25

Paul Simon

Think

Rah Rah

Hey Song

SIGN-UP at the front table if you do not have and need the Paul Simon song for Crossroads

ALL ARE INVITED – PORTILLO'S AFTER THE GAME

All band families are invited to come to the game and to socialize with us at Portillo's afterwards. The address is 531 N Randall Rd, Batavia, IL 60510. They are expecting us. Just a reminder, given the current situation with lower staff numbers, please be patient as the speed of service may not be what we're accustomed to.

WHEATON LIGHT-A-HOLIDAY PARADE PLANNING

At this point in time Wheaton is 90% sure they will be having their traditional parade Friday evening, the day after Thanksgiving, Nov. 26. However, we need to be prepared NOW, knowing if we would even have enough interested participants once they would say the parade is a go. Also music distribution needs planning. To facilitate this we ask you to **use the link below NOW and let us know if you would participate.** If the answer is no for your entire family just complete the top part of the form and enter "No" for the first participant.

We would appreciate a response from every family, marching or not.

Link to [Wheaton Light-A-Holiday Parade](#) sign-up – Yes or No



IMPORTANT DATES AND DEADLINES

October 16 - SATURDAY – Arrive at 2 PM - Volunteers perform at Crossroads Football Game at Mooseheart Child City & School, Mooseheart, IL 60539

November 9 – **ANNUAL EVENT** Tuesday evening, **7:30 – 8:30 pm** – Black uniform pants for all and Symphonic blue jacket fitting/exchange at the Borows.
You must sign-up in advance. See Rehearsal Notes for more info.

November 25 – **NO BAND** in observance of Thanksgiving Day - **Happy Thanksgiving!**

November 26 – **NOT YET CONFIRMED** Waiting to hear from Wheaton if there will be a Light-Up parade this year. Sign-up NOW to be prepared.

SECTIONALS FOR 10-08-21

NOTE: The Back Right Rehearsal room is now referred to as the Big Room

Cadet	4:45-5:00pm	Flutes	Room 3
Cadet	4:45-5:00pm	Clarinets	Room 4
Cadet	4:45-5:00pm	Trumpets	Big Room
Cadet	4:45-5:00pm	Remaining sections see Notes	Rehearsal space
Junior	5:45-6:00pm	Percussion	Big Room
Junior	5:45-6:00pm	French horns	Room 3
Junior	5:45-6:00pm	Tubas	Room 4
Senior	6:45-7:00pm	Flutes	Big Room
Senior	6:45-7:00pm	Trumpets	Room 3
Senior	6:45-7:00pm	Clarinets	Room 4
Symphonic	7:45-8:00pm	Trumpets	Big Room
Symphonic	7:45-8:00pm	All saxes, alto clarinets	Room 3
Symphonic	7:45-8:00pm	Clarinets	Room 4

MUSIC NOTES

Cadets

SECTIONALS – 4:45-5:00pm - ROOM 3 Flutes Ex 1,3,5,7,9 – Check instrument hold, fingering, tonguing and embouchure.

4:45-5:00pm - ROOM 4 Clarinets Ex 1,3,5,7,9 – Check instrument hold, fingering, tonguing and embouchure.

4:45-5:00pm - BIG ROOM- Trumpets Ex 1,3,5,7,9 – Check instrument hold, fingering, tonguing and embouchure. Review lip slurs back and forth, Ex.1 to Ex.9, repeatedly.

4:45-5:00pm – REHEARSAL SPACE – All other sections/adult helpers in place in the hall - Ex 1,3,5,7,9 – Check instrument hold, fingering, tonguing and embouchure.
All French horns, trombones, baritones, tubas - Review lip slurs back and forth, Ex.1 to Ex.9, repeatedly.

QUIZ – All brass on required lip slurs for notes in Exercises 1 and 9.

A DIFFERENT PAGING SYSTEM

French horns and oboes have a different paging system in their Essential Elements book. There are two pages, A and B, left and right, for every page number. If you have this type of book you should always play from the page on the right side at band rehearsals.

ABOUT ESSENTIAL ELEMENTS

It does not matter which edition of Essential Elements you are using as the contents are all the same. The difference is in how you access play-along and other features. Here's a simple way to access Play-

Along mp3 files for ALL instruments and exercises from Essential Elements 2000 Book 1. You will need to download a ZIP file and open it to get all the exercises. <https://www.halleonard.com/ee2000Band.jsp>

Differences are as follows.

1. The oldest version came with a play along CD for exercises 1 to 58.
2. The more recent version came with both a CD-Rom and a DVD with more content, online interactive tools and a 15 minute Start-up video.
3. The newest version, Essential Elements for Band, has no CD, CD-Rom or DVD. Rather there is a student activation code on the title page which can be used to access ALL the previous resources and more online through www.essentialelementsinteractive.com (activation code required). There is an option in the book to get the CD-Rom for free with the included post card.
Accompaniments are also available on audio CDs from your music dealer

Practicing with recordings should help the student HEAR if they are playing the notes correctly.

HOMEWORK:

1. Review exercises 1, 3, 5, 7, 9 and lines/spaces of treble and bass clef
2. Practice parts in exercises on pages 6 and 7.
3. Review Rhythm Studies pg 42, review 1, 5 and 9
4. Complete Homework Handouts
5. HELPERS – Ask your section members for their Homework Handout assignments and review them

Practice every day for no less than 20 minutes. You may split the time between multiple sessions. At every practice session, everyone should check their: posture and instrument hold, breathing/airstream, mouth position (embouchure) and use proper tonguing.

Use the link provided above or play with the DVD (if you have it) using the Smart Music software with the adjustable tempo. If you currently have the CD-Rom or online access you may also control the tempo. Listen and try to match the pitch and tone. Use proper tonguing. Practice every day for no less than 20 minutes. You may split the time between multiple sessions. At every practice session, everyone should check their: posture and instrument hold, breathing/airstream, and mouth position (embouchure).

NOTE to BRASS: WORK ON LIP SLURS - All brass players must learn to move up and down in pitch by loosening and tightening their lips. Doing this is called a lip slur. Focus on the trial & error of moving your lips (tightening/loosening) to match the required notes in the exercises. It will take regular practice to reach the notes.

For all brass, except *E_b* tubas, this can be practiced using the book going back and forth from the note in Exercise 1 to the note in Exercise 9. *E_b* tubas will not have a lip slur until your lesson includes high *B_b*. You will then need to lip slur from *B_b* to *E_b*.

FOR CADET PERCUSSIONISTS WITH BELLS – Label your bells using masking or painter’s tape, which is easier to remove. Mark the letter name of each note on the tape according to the chart on page 5. of your book.

FOR ALL CADETS - RECOGNIZING NOTES

The musical staff has five lines and four spaces. Following are mnemonic aids to help remember the names of the different notes on the treble clef and bass clef, both the lines and spaces. It is a time-worn method.

Treble Clef - lines

E - every
G - good
B - boy
D - does
F - fine

Treble Clef - spaces

spell: F-A-C-E
F
A
C
E

Bass Clef - lines

G - great
B - big
D - dogs
F - fight
A - animals

Bass Clef spaces

A-all
C-cars
E -eat
G-gas

CADETS AND PARENTS, be sure to also read the General Notes further down.



Notes to Junior, Senior, and Symphonic bands –

MUSIC MISSING? Songs are listed below. If you are missing any of the following songs please email Mrs. Borow (director@wshsb.org) **BY SATURDAY OR SUNDAY**. She will put it in your music folder. DO NOT WAIT UNTIL THE NEXT FRIDAY TO TELL HER. We will no longer distribute missing parts on the spot at rehearsal.

FOR ALL PERCUSSIONISTS – BRING EVERY WEEK

All Jr, Sr, and Sym percussionists must bring **1.** your own music folders and **2.** bell sets. Be sure to label all parts. **ALSO** - You must bring **3.** your own printed copy of the assignment grid, emailed to you. Keep it in your music folder and bring to band every week for each of your bands to help expedite the logistics in the section. **4.** Bring a pencil too.

REGARDING ESSENTIAL ELEMENTS BOOKS - CONCERT JR, SR **AND** SYM should bring the Essential Elements for Band Book 2 “Red” for possible use at weekly rehearsals. **Note:** Essential Elements for Band Book 2 “Red” will not necessarily be used every week. However, Junior **AND** Senior members are highly encouraged to use Book 2 to for daily practice, personal improvement and preparation for the Concert Senior audition. Symphonic will use various exercises for warm-ups at band.

BRING TUNERS

Bring your own tuner each week and tune your instrument before your band time begins.

Junior (see notes above)

SECTIONALS – **5:45-6:00pm** - ROOM 3 French horns – work on [African Bell Carol](#)

5:45-6:00pm - ROOM 4 Tubas work on [Land of the Brave](#)

5:45-6:00pm - BIG ROOM- Percussion – work on [Call to Glory](#), [Apache](#), and

[African Bell Carol](#)

RED EE BOOK – Go over yellow “Review” boxes on p.3 and 4, Play 11, 12, 13

Rhythms – review lines 1, 5 assigned line 9

Warm-up Ex. 159 then 156

Call to Glory

Apache

African Bell Carol

Moon River

On the Road Again

Rock of Ages

God Bless America

Land of the Brave

Star Spangled Banner

Overdrive

CROSSROADS SONGS BELOW

Rah Rah

Think

Hey Song

Paul Simon

See note above about sign-up at front table if you need [Paul Simon](#) for Crossroads

Senior (see notes above)

SECTIONALS – **6:45-7:00pm** - ROOM 3 Trumpets on [Conquista](#)

6:45-7:00pm - ROOM 4 Clarinets on [Be Thou My Vision](#)

6:45-7:00pm - BIG ROOM- Flutes on [Be Thou My Vision](#)

RED EE BOOK – – Go over yellow “Review” boxes on p.3 and 4, Play 11, 12, 13
Rhythms – review lines 1, 5, 9
Warm-up Ex. 159 then 156

Days of Glory
Jungle Dance
Apple Valley Overture
Be Thou My Vision
[QUIZ for all at 40](#)

Conquista
La Golondrina
God Bless America
Star Spangled Banner

CROSSROADS SONGS BELOW

Rah Rah
Think
Hey Song
Paul Simon

[See note above about sign-up at front table if you need Paul Simon for Crossroads](#)

Symphonic (see notes above)

SECTIONALS – 7:45-8:00pm - ROOM 3 ALL saxes & alto clarinet on [La Forza](#) at H, [Marche Slave](#) at 13 and 37
7:45-8:00pm - ROOM 4 Clarinets on [La Forza](#)
7:45-8:00pm - BIG ROOM- Trumpets on [Moorside March](#) and [Jump in the Line](#)

RED EE BOOK – Warm-up: Ex 171, 172, - 151.

La Forza del Destino
[QUIZ at H for all saxes and alto clarinet](#)
Marche Slave
[QUIZ at 13 and 37 for all saxes and alto clarinet](#)

Polka from Bartered Bride
Jump in the Line

LISTEN multiple times to recording at [Jump in the Line](#) to become accustomed to the rhythms

NOTE: Once on the page there may be spinning circle rather than the ►
play symbol. If it's the circle, click on it and a ► play symbol appears. Click on the ► play
symbol to hear the recording.

NOTE TO DIRECTOR, play it slow

Joshua
God Bless America
Star Spangled Banner
Amparito Roca

NUMBER MEASURES IN PENCIL

Cuban Fantasy
Moorside March

NUMBER MEASURES IN PENCIL

Song of the Meadowlark *ensemble*
Galliard Battaglia - *brass ensemble*

CROSSROADS SONGS BELOW

Rah Rah
Think
Hey Song
Paul Simon

[See note above about sign-up at front table if you need Paul Simon for Crossroads](#)

See General Notes on the next page

GENERAL NOTES

JACKET AND PANTS FITTING

We hold a jacket and pants fitting *only once a year*. The jackets are for Symphonic members while the pants are available for any band member. After this one and only fitting opportunity everything is packed away and not accessible. This year's fitting date is **Tuesday, November 9, 7:30 - 8:30 pm**. **YOU WILL NEED TO SIGN-UP IF COMING**. The sign-up sheet is at the front table.

The director wishes to emphasize that the band has over 100 pairs of pants to lend. Whether for concerts or looking ahead to marching, you should think about this now as November 9 is the only fitting date. This fitting happens annually. If you are concerned you might need a larger size later in the year she said you can take two pair. You need to sign-up to try them on, on November 9.

MUSIC LINKS FOR ALL THREE BANDS

A document containing links for the Winter Concert songs will be emailed to all families this next week. In the meantime many can be found at [Past WSHSB Concert Performances](#).

HEARING PROTECTION

For those who are interested, there are ear plugs which are specifically designed for musicians. They reduce the sound level by 20 decibels but still allow you to hear clearly.

A good number of band members have worn these every week in band for years (and other loud events like football games and movies). They're comfortable and effective. The drum and bugle corps and college bands now issue them to all their members.

Here are a couple links. They sell for \$13.95 on Amazon [Etymotic High Fidelity Earplugs](#). Individual Etymotic plugs are more expensive on the [ETYMOTIC website](#), with quantity discounts available.

REHEARSAL NOTES ARCHIVE – can be a help when you are trying to recall something you saw in past Rehearsal Notes. We try to cut down on repeating items in the notes. Each week's notes remain available on our website in the Archive.